



International Core Curriculum for Anthroposophic Dentists

20.01.2018
Medical Section

Anthroposophic dentists are fully qualified and registered dentists trained to expand clinical and therapeutic resources of conventional dentistry with the anthroposophic knowledge of the human being, health sciences and nature.

The post-graduate training consists of 500 hours and aims the acquisition of competencies to perform diagnosis and manage treatment of oral disorders and pathologies using key concepts and therapeutic resources developed in the scope of anthroposophical medicine and dentistry.

TRAINING HOURS

The training hours are divided as follows:

- Contact time: 250 hours
- Independent study time: 100 hours
- Mentored practice hours: 100 hours
- Project work (thesis): 50 hours

CORE SYLLABUS

The core competencies of anthroposophic dentists are:

- Assess the conditions of oral health and its systemic relationships correlating them with the concept of anthroposophic medicine, especially the constitutional elements of human being, the threefold nature of human being, the seven life process, twelve senses and biographical development.
- Diagnose, establish and manage a therapeutic plan according to anthroposophic dentistry principles; anthroposophic medicinal products and anthroposophic therapies are prescribed according to the therapeutic plan;
- Search to provide relieve of pain, phobia and anxiety during dental treatment of dysfunctions and oral pathologies integrating resources from anthroposophic medicine;
- Integrate the anthroposophic perspective in health care in the whole scope of conventional dentistry procedures and specialities, considering the fields of prevention, treatment and rehabilitation;
- Interact with other anthroposophic medicine professionals, as well as other acknowledged integrative areas in a patient-centered perspective;
- Foster patients to achieve healthy lifestyles and inner balance, contributing to the stimulation of the healing forces from the organism itself;
- Use resources from anthroposophic medicine to integrate health promotion and community health projects;